Dunham U.S. Army Health Clinic

"CLIF Update"

Army Wellness Center (AWC)
Location: AWC, 315 Lovell Ave.
Appointment: (717) 245-4004

- Health Assessment Review
- Physical Fitness
- Healthy Nutrition
- Stress Management
- General Wellness Education
- Tobacco Education

Relay Health Secure Messaging

- Managing your healthcare from the web
- Communicate with your Primary Care Manager (PCM)/Care Team via email
- Visit Dunham to sign-up or contact MAJ Worsham at (717) 245-3630 / vanessa.worsham@amedd.army.mil for more information on her coming to your location to sign-up beneficiaries

ARMY MEDICINE
Serving To Heal...Honored To Serve
RELAY HEALTH
OUR OFFICE IS ONLINE
Provide us with the information below to start managing your healthcare from the Web.
Name:
Email:
Date of Birth:
Provider:
Phone #:
We are collecting your email address for our records, and will use it to issue you an invitation to enroll in our online communication service. Enrollment is optional. We will not disclose your address to others without your prior written consent.
SERVICE TO THE FINEST!

Mammography
Location: Radiology, Dunham U.S. Army Health Clinic
Appointment: (717) 245-3400
Hours:
0800-1100; 1330-1530 Monday and Wednesday
0800-1100; 1330-1500; 1600-1800 Tuesday, **Mammography Night Clinic**
0800-1100 Thursday and Friday
*Appointments are preferred to prevent patients from waiting; however, walk-ins are welcomed

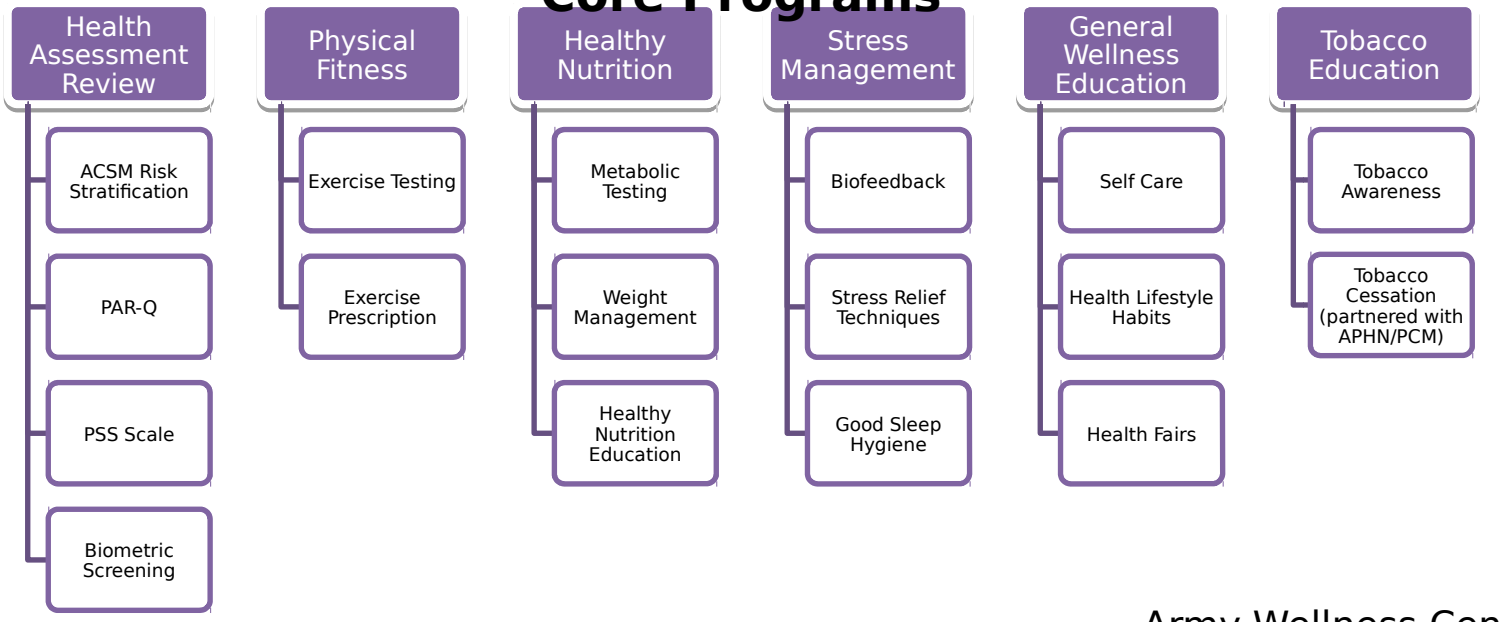
Flu Vaccinations (Flu shots)
Location: Allergy and Immunizations, Dunham U.S. Army Health Clinic
Hours:
0730-1130; 1300-1600 Monday, Wednesday, and Friday
0730-1130; 1300-1830 Tuesday
0730-1130 Thursday

Mission & Services

ARMY Wellness Center

Army Wellness Centers provide integrated and standardized primary prevention programs and services that promote enhanced and sustained healthy lifestyles to improve the overall well-being of Soldiers and Family Members.

The Army Wellness Center Carlisle Barracks will provide 6 Core Programs



Army Wellness Center
315 Lovell Ave. , 717-245-4004